

SPECIMENS OF FOOD AND DRUGS EXAMINED AT THE LABORATORY OF HYGIENE DURING NOVEMBER AND DECEMBER, 1918, AND JANUARY, 1919.

Material	Laboratory Number	Date of Receipt	Source of Sample			Result of Examination					Remarks	Total
			Retailer Obtained from	Manufacturer or Wholesaler	County or Town	Under "Food and Drug Law"			Submitted Domestic Product			
						Legal	Adulterated	Mis-branded	Whole-some	Unwhole-some		
Sweet Spts. Nitre...	94725A	Dec. 24	Trudell Drug Co.	Rutland Co.	Continued		1				3% ethyl nitrite	
Tinct. Iodine...	94724A	Dec. 24	Trudell Drug Co.	Rutland	Rutland	1						
Camphorated Oil...	94726A	Dec. 24	Trudell Drug Co.	Rutland	Rutland	1						
Spts. Camphor	94723A	Dec. 24	Trudell Drug Co.	Rutland	Rutland	1						
Ess. Peppermint	94722A	Dec. 24	Trudell Drug Co.	Rutland	Rutland	1						
Olive Oil	94694A	Dec. 24	Green Bros.	Fair Haven	Fair Haven	1						
Olive Oil	94696A	Dec. 24	Duris & Horton	Fair Haven	Fair Haven	1						
Olive Oil	94695A	Dec. 24	G. E. Adams	Fair Haven	Fair Haven	1						
Buck Wheat Flour	95938A	Jan. 29		Pawlet	Pawlet	1						
Rutland Co.	Total					34	10		1			45
Butter	94518A	Dec. 31		Windsor Co.	Windsor	1						
Windsor Co.	Total					1						1
Grand Total						43	12		6			61

*Blank spaces indicate submitted samples.

1916

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BULLETIN

OF THE

Vermont State Board of Health

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RUTLAND, VT.

1919

The advertisement appearing on the back cover of this bulletin has appeared in all the daily and weekly papers of the state. It calls attention to the duties of physicians and householders in regard to the reporting and quarantining of communicable diseases. In order that the new law by which the state is divided into ten sanitary districts, with a District Health Officer at the head of each, may be thoroughly understood, it is again printed in full as follows:

NO. 175

AN ACT AUTHORIZING THE STATE BOARD OF HEALTH TO APPOINT DISTRICT HEALTH OFFICERS IN PLACE OF TOWN HEALTH OFFICERS AND SPECIFYING THEIR DUTIES.

It is hereby enacted by the General Assembly of the State of Vermont:

SECTION 1. The state board of health is hereby authorized to divide the state into sanitary districts, not exceeding ten in number, and to appoint and remove at its discretion for each such district, a health officer who shall be a reputable physician. Such district health officer shall hold office until his successor is appointed and qualified and shall, at all times, be subject to the orders of the state board of health, and during his term of office shall not engage in the private practice of medicine. There may also be appointed in each district in cases of emergency and when deemed necessary by the state board of health, one or more assistant district health officers, who shall devote such time as is necessary to duties assigned to them.

Each district health officer shall perform the following duties:

1. Keep himself informed as to the sanitary and health conditions existing within his district;
2. Provide for the prompt and efficient quarantine of all cases of communicable diseases within his district.
3. Aid the physicians of his district in making diagnoses of communicable diseases, and endeavor to enlist the co-operation of all such physicians in the improvement of the public health.
4. Study the causes of excessive morbidity and mortality from any disease in any portion of his district.
5. Promote efficient registration of births and deaths.
6. Furnish information to the general public in all matters pertaining to the public health.
7. Make regular inspections of the sanitary conditions of all school-houses within his district and supervise the execution of the orders of the state board of health relating thereto.

8. Serve as health supervisor of all public, private and parochial schools within his district, under the regulations of the state board of health, provided, however, that a minor shall not be compelled to submit to medical examination or treatment for or on account of any noncontagious disease if his parent or guardian objects thereto.

9. Inspect public buildings and cause such buildings to conform to the regulations of the state board of health.

10. Make inspections of sewer connections and plumbing and issue orders, in writing, for the performance of such work as is necessary to comply with the laws and regulations relating thereto.

11. Make general sanitary inspections within his district whenever and wherever he has reason to suspect that anything exists which may be detrimental to the public health.

12. Issue orders, in writing, for the destruction and removal, within a specified time, of nuisances, sources of filth and causes of sickness.

13. Inspect all slaughterhouses within his district and cause them to conform to the rules and regulations of the state board of health relating thereto.

14. Perform such other duties as shall, from time to time, be assigned to him by the state board of health.

SEC. 2. The salaries of the district health officers shall be determined by the state board of health, subject to the approval of the board of control, and they shall be allowed necessary expenses incurred in the discharge of their official duties, such salaries and expenses to be paid by the auditor of accounts upon approval by the state board of health. When, in the opinion of the state board of health, it is necessary to call any district health officer for the purpose of attending meetings or conferences, within or without the state, he shall be allowed his necessary expenses while away from home.

SEC. 3. A district health officer may exercise all the powers of local boards of health within his own district, and his orders shall have the same force as the orders of the state or local boards of health. Failure to comply with the orders of the district health officer shall be construed as a failure to comply with the orders of the state board of health and shall be subject to the same penalties as prescribed by law therefor.

SEC. 4. Assistant district health officers shall be subject to call for such special services as are deemed necessary by the state board of health and for such services shall receive such fees as may be allowed by the board of control, and necessary expenses incurred in the discharge of their official duties, such fees and expenses to be paid by the auditor of accounts, upon approval by the state board of health, as provided in section two of this act.

SEC. 5. Cities and towns of five thousand population or more may secure the services of a local health officer for such city or town by providing for the payment of the salary and expenses of such officer. When such provision is made, the state board of health shall appoint a health officer for such city or town, who shall be subject to the same provisions and perform the same duties within his city or town as are specified for the district health officers.

SEC. 6. The town clerk of each town shall receive all certificates of deaths occurring within his own town, and shall issue burial permits and receive fees therefor as provided by sections 3801, 3808, 3811, 3812, 3813, 3814, 3818, 3819 and 3820 of the General Laws, provided that burial permits in cases of deaths from communicable diseases shall not be issued by a town clerk except in accordance with instructions to be issued by the district health officer or the state board of health and to be kept on file by the town clerk.

SEC. 7. For the purpose of carrying out the provisions of this act, all physicians of the state shall be furnished by the state board of health with suitable cards for quarantining houses where cases of communicable disease exist, and shall be required to quarantine such houses as soon as the diagnosis is made or suspected and shall immediately report the case by mail to the district health officer. If he considers it necessary, he may also make such report by telephone or telegraph. A physician failing to comply with the provisions of this section shall be fined not more than one hundred dollars nor less than twenty-five dollars.

SEC. 8. Wherever the words 'health officer' or local health officer' occur in the General Laws relating to the powers and duties of such officers, they shall be construed to mean, or refer to the district health officer, except as provided in sections five and six of this act. The office of local health officer in the towns of any district shall not be vacated nor their fees invalidated until the district health officer of such district shall have been appointed and shall have qualified.

SEC. 9. The sum of thirty-five thousand dollars is hereby annually appropriated for the purposes of carrying out the provisions of this act.

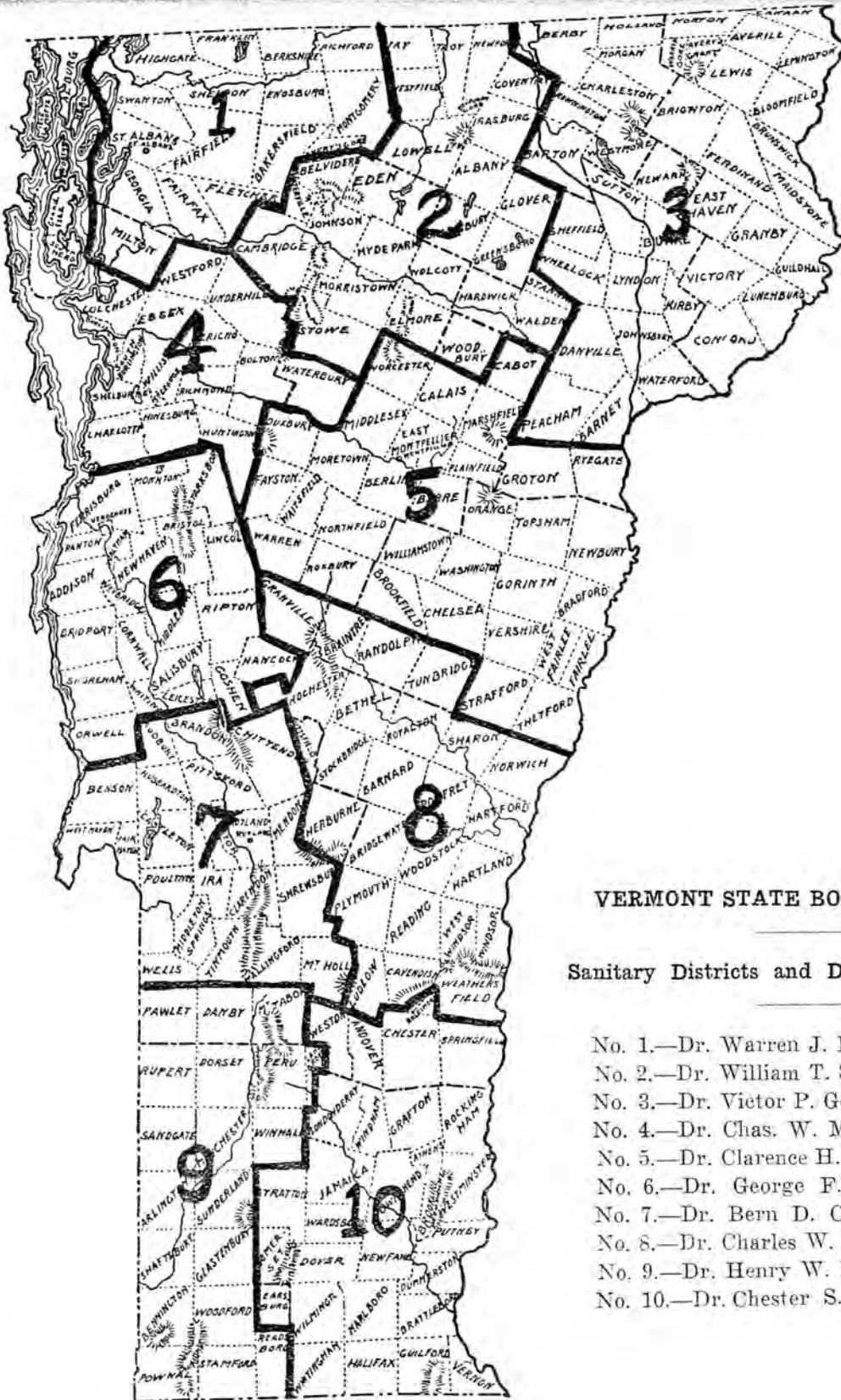
SEC. 10. Sections 6217 and 6234 of the General Laws are hereby repealed.

SEC. 11. This act shall take effect July first, nineteen hundred and nineteen.

Approved March 26, 1919.

The Map which is included in this Bulletin shows the outlines of the sanitary districts. For reference as to towns, the following list is given:

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VERMONT STATE BOARD OF HEALTH

Sanitary Districts and District Health Officers

- No. 1.—Dr. Warren J. Howard, St. Albans.
- No. 2.—Dr. William T. Slayton, Morrisville.
- No. 3.—Dr. Victor P. Genge, St. Johnsbury.
- No. 4.—Dr. Chas. W. Many, Burlington.
- No. 5.—Dr. Clarence H. Burr, Montpelier.
- No. 6.—Dr. George F. Edmunds, Bristol.
- No. 7.—Dr. Bern D. Colby, Sudbury.
- No. 8.—Dr. Charles W. Kidder, Woodstock.
- No. 9.—Dr. Henry W. Eliot, Manchester.
- No. 10.—Dr. Chester S. Leach, Brattleboro.

SANITARY DISTRICTS

District No. 1.—Bakersfield, Berkshire, Enosburg, Fairfax, Fairfield, Fletcher, Franklin, Georgia, Highgate, Milton, Montgomery, Richford, St. Albans Town, St. Albans City, Sheldon, Swanton.

District No. 2.—Albany, Belvidere, Cambridge, Coventry, Craftsbury, Eden, Elmore, Glover, Greensboro, Hardwick, Hyde Park, Irasburg, Jay, Johnson, Lowell, Morris town, Newport City, Newport Town, Stannard, Stowe, Troy, Walden, Waterville, Westfield, Wolcott, Woodbury.

District No. 3.—Averill, Barret, Barton, Brighton, Bloomfield, Brown-ington, Brunswick, Burke, Canaan, Charlestown, Concord, Danville, Derby, East Haven, Ferdinand, Granby, Guildhall, Holland, Lemington, Lewis, Lunenburg, Lyndon, Kirby, Maidstone, Morgan, Newark, Norton, Peacham St. Johnsbury, Shelburne, Sutton, Victory, Waterford, Westmore, Wheelock.

District No. 4.—Alburg, Bolton, Burlington, Charlotte, Colchester, Essex, Grand Isle, Hinesburg, Huntington, Isle La Motte, Jericho, North Hero, Richmond, St. George, Shelburne, South Burlington, South Hero, Underhill, Waterbury, Westford, Williston.

District No. 5.—Barre Town, Barre City, Berlin, Bradford, Brookfield, Cabot, Calais, Chelsea, Corinth, Duxbury, East Montpelier, Fairlee, Fayston, Groton, Marshfield, Middlesex, Montpelier, Moretown, Newbury, Northfield, Orange, Plainfield, Roxbury, Ryegate, Stratford, Thetford, Topsham, Vershire, Waitsfield, Warren, Washington, West Fairlee, Williamstown, Worcester.

District No. 6.—Addison, Bridport, Bristol, Cornwall, Ferrisburg, Goshen, Hancock, Leicester, Lincoln, Middlebury, Monkton, New Haven, Orwell, Panton, Rippon, Salisbury, Shoreham, Starkboro, Vergennes, Wallham, Weybridge, Whiting.

District No. 7.—Benson, Brandon, Castleton, Chittenden, Clarendon, Fair Haven, Hubbardton, Ira, Mendon, Middletown Springs, Mt. Holly, Pittsford, Poulney, Proctor, Rutland City, Rutland Town, Shrewsbury, Sudbury, Tinnmouth, Wallingford, Wells, West Haven, West Rutland.

District No. 8.—Barnard, Bethel, Braintree, Bridgewater, Cavendish, Granville, Hartford, Hartland, Ludlow, Norwich, Pittsfield, Plymouth, Pomfret, Randolph, Reading, Rochester, Royalton, Sharon, Sherburne, Stock-bridge, Tunbridge, Weathersfield, West Windsor, Windsor, Woodstock.

District No. 9.—Arlington, Bennington, Danby, Dorset, Glastenbury, Landgrove, Manchester, Mt. Tabor, Pawlet, Peru, Pownal, Readsboro, Rupert, Sandgate, Shaftsbury, Stamford, Sunderland, Woodford.

District No. 10.—Andover, Athens, Balmore, Brattleboro, Brookline, Chester, Dover, Dummerston, Gratton, Guilford, Halifax, Jamaica, Londonderry, Marlboro, Newfane, Putney, Rockingham, Searsburg, Somerset, Springfield, Stratton, Townshend, Vernon, Wardsworth, Westminster, Weston, Whitingham, Wilmington, Windham, Winhall.

DISTRICT HEALTH OFFICERS.

District No. 1.—Headquarters at St. Albans. Dr. Warren J. Howard. Graduate of the University of Vermont College of Medicine, 1906. Practiced at Roxbury and Watsfield, Vt., serving as health officer for several years at Watsfield. Commissioned captain in the Medical Corps of the United States Army and received special training in sanitation at Camp Greendale.

District No. 2.—Headquarters at Morrisville. Dr. William T. Slayton. Graduate of the Harvard Medical School and from Guy's Hospital, London, England. Practiced in Hyde Park and Morristown since 1897, serving as health officer in both towns. Commissioned captain in the Medical Corps of the United States Army with special training at Camp Meade, Maryland. Member of the State Board of Health.

District No. 3.—Headquarters at St. Johnsbury. Dr. Victor E. Genge. Practiced at Newport. Twenty months' service in the United States army, fourteen months of which were spent in the hospitals of England and France; three months of special courses in sanitation at training camp; three months as sanitary officer in army camps at Oswego, Syracuse and Garden City, N. Y.; six months in charge of all contagious work in United States Hospital No. 35, Winchester, England. This hospital treated practically all contagious cases arising among the American troops stationed in or passing through England. Eight months in charge of Air Service Hospital at front. Citation in general orders for efficient work.

District No. 4.—Headquarters at Burlington. Dr. Charles W. Many. Graduate of Long Island College Hospital Medical College and practiced at Florida, N. Y. Commissioned in the Medical Corps of the United States Army and served as sanitary officer and post surgeon at Fort Ethan Allen for nearly two years. Had special training in sanitary work and diseases of the skin, including eruptive diseases.

District No. 5.—Headquarters at Montpelier. Dr. Clarence H. Burr. Born in Thetford, Vt.; graduated from Dartmouth Medical School and Boston City Hospital. Practiced in Montpelier; served in the Medical Corps of the United States Army and received special training in sanitation. Has served as substitute health officer for the City of Montpelier and also assisted in the polo work of the State Board of Health.

District No. 6.—Headquarters at Bristol. Dr. George F. Edmunds. Born in Irasburg, Vt. Studied medicine at the University of Vermont College of Medicine and Baltimore Medical College. Practiced in Hinesburg and Bristol; served for six years as health officer for the town of Bristol.

District No. 7.—Headquarters at Sudbury. Dr. Bern. Dennis Colby. Graduated from Middlebury College 1892 and from the University of

Vermont College of Medicine, 1896. Practiced in Whiting and Sudbury, serving as health officer in both towns. Fourteen months' army service.

District No. 8.—Headquarters at Woodstock. Dr. Charles W. Kidder. Graduated from the University of Vermont College of Medicine, 1907, and practiced in Shoreham and Woodstock, being health officer in Woodstock for five years. Commissioned as lieutenant in the United States Army and served as sanitary officer at base hospital No. 107 and evacuation hospital No. 42.

District No. 9.—Headquarters at Manchester. Dr. Henry W. Elliot. Native of Connecticut; graduate of the University of Vermont College of Medicine in 1898. Served for ten years in the Medical Department of the United States Army and three years with the Board of Health in the Philippine Islands. During the European War was commissioned in the Medical Corps of the army and served as sanitary officer.

District No. 10.—Headquarters at Brattleboro. Dr. Chester S. Leach. Native of Fletcher, Vt.; graduated from the University of Vermont College of Medicine, 1899. Practiced in Morrisville four years and Hyde Park sixteen years, being health officer during the whole time.

HOW COMMUNICABLE DISEASES WILL BE HANDLED.

All physicians will be supplied with blank forms for the quarantine of communicable diseases. Whenever a physician is called upon to attend a case of any disease dangerous to the public health, he is required to serve a quarantine notice upon the head of the family in accordance with the forms prescribed and furnished by the State Board of Health. He is also required to place upon the house a placard bearing the name of the disease. A supply of these placards will be found in the offices of town clerks and usually also with the selectmen of the town.

Whenever a case of communicable disease occurs in a family, and no physician is in attendance, the head of the family is required to report to the District Health Officer in regard to the disease which he suspects to be in his family. In this case, the District Health Officer will issue a quarantine notice and require the householder to place the proper placard upon his own house.

There are two forms of quarantine, the first known as "Full Quarantine," which is required in cases of cholera, diphtheria (including membranous croup), epidemic cerebro-spinal meningitis, acute anterior poliomyelitis (infantile paralysis), scarlet fever, smallpox, varioloid, influenza and typhus fever. The second quarantine is known as "Modified Quarantine," and is required in cases of measles, whooping cough, mumps, chicken-pox, and German measles. The following shows these forms in full:

FULL QUARANTINE NOTICE

For use in cases of cholera, diptheria (including membranous croup), epidemic cerebro-spinal meningitis, acute anterior poliomyelitis (infantile paralysis), scarlet fever, smallpox, varioloid, influenza and typhus fever.

To ... having been reported to me as being in your family, you will see that all persons and things now on the premises or in the house occupied by you are at once isolated from all other persons and things; you will allow no communication between any person now on the premises or in the house occupied by you, and any other person whatever; articles of food and drink and such fuel and clothing as are necessary for the comfort and health of those persons under quarantine excepted. Papers and letters may be received, and such of the above may be given out, after having been thoroughly scalded.

And further exception is hereby made, so that all drugs, food and other articles necessary to the proper treatment of the sick may be received by you, and the attending physicians may enter and leave your premises at pleasure, provided such measures are used as to prevent carrying the infection outside.

No other person whatever shall enter or leave your premises during the existence of this quarantine, except as permitted in writing by the Health Officer.

You will carefully observe the above quarantine, under penalty of the law, until such time as the quarantine shall be terminated by a written notice signed by the Health Officer.

....., M.D.
Attending Physician.

Address of Physician 191

No family will be released from quarantine except by a District Health Officer on receipt of a certificate from a physician.

PHYSICIAN'S CERTIFICATE.

I hereby certify that I have this day personally visited the family of and have found that all requirements as to disinfection specified on the back of full quarantine notice have been thoroughly complied with and that the family can safely be released from quarantine.

Signed M.D.
Address of Physician Date 191
Total number of persons in this household who have had the disease during this period of quarantine.....

MODIFIED QUARANTINE NOTICE.

For use in cases of measles, whooping cough, mumps, chicken-pox and German measles.

To having been reported in your family, you will see that all persons in your household who now have this disease are safely isolated from all other persons. Furthermore, you are hereby forbidden to allow any person who cannot be shown to have had the above-mentioned disease to leave the premises. You will carefully observe the above quarantine under penalty of the law until such time as the quarantine shall be terminated by a written notice signed by the Health Officer.

....., M.D.
Attending Physician.

No family will be released from quarantine except by a health officer on receipt of a certificate from a physician.

PHYSICIAN'S CERTIFICATE.

I hereby certify that I have this day (inquired into) the condition of the family of (personally visited) and have found that they can safely be released from quarantine.

Signed M.D.
Address of Physician Date 191
Total number of persons in this household who have had the disease during this period of quarantine.....

REPORTS TO HEALTH OFFICERS.

Whenever a physician is called upon to attend a case of disease which he knows or suspects to be communicable, dangerous to the public health, he is also required to make a report of the same to the health officer on cards which are furnished by the State Board of Health for that purpose. The form of this report is as follows:

PHYSICIAN'S REPORT TO HEALTH OFFICER.

Town..... date.....
Disease or suspected disease
Time of onset of disease
Patient's name age..... sex.....
Patient's address occupation.....

If child, name of father or guardian
 School attended or place of employment
 Number in household: adults children
 How many have had this disease?
 Probable source of infection or origin of disease.....
 If disease is small pox, type number of times successfully
 vaccinated and approximate dates
 If typhoid fever, scarlet fever, diphtheria, or septic sore throat, was pa-
 tient, or is any member of household, engaged in the production or hand-
 ling of milk?.....

I have instituted quarantine according to law.

Signature of Physician.....
 (or head of family)

Arrangements have been made with the United States Public Health Service whereby all District Health Officers in Vermont are appointed assistant collaborating epidemiologists of the Public Health Service. By this means they become Federal officers for the purpose of collecting information in regard to communicable diseases and they are also entitled to the use of the franking privilege for such purposes. Under this arrangement, franked envelopes will be distributed to all physicians for the purpose of making reports to the health officers, no postage being required for these reports. In the same manner, when the District Health Officer has occasion to call for specific reports from householders who have no physician in attendance, he is privileged to enclose a franked envelope for reply.

Reports frequently come to the District Health Officers of cases of communicable disease in families for which no reports have been made. It is the duty of all citizens knowing of such cases to make a report to the District Health Officer so that he may be able to properly control communicable diseases in his district. In cases of such report, the following notice is sent by the health officer to the head of the family:

DISTRICT HEALTH OFFICER'S NOTICE TO HEAD OF FAMILY WHERE DISEASE IS REPORTED WITHOUT MEDICAL ATTENDANCE.

To
 Report has been received at this office that a case of..... exists in your family. Please fill out the enclosed report card and return it at once in the envelope enclosed, which requires no postage.
 You are also hereby instructed to obtain from your town clerk, or one of your selectmen, a placard on which is printed the name of the disease and post the same in a conspicuous place on your house. This

placard may be removed only on receipt of a notice of release of quarantine from the District Health Officer.
 The District Health Officer will require a certificate from a physician before issuing such notice.

..... M.D.
 District Health Officer.
 District No.....
 Date

HOW QUARANTINE IS RELEASED.

No quarantine will be released except upon certificate from a physician. By reference to the full quarantine and modified quarantine notices printed above, it will be seen that there is attached to each notice a detachable blank headed, 'Physician's Certificate.' For the purpose of keeping this part of the program clearly in mind, these blanks are here reprinted.

Full Quarantine.

I hereby certify that I have this day personally visited the family of and have found that all requirements as to disinfection specified on the back of full quarantine notice have been thoroughly complied with and that the family can safely be released from quarantine.

Signed M.D.
 Address of Physician Date.....19..

Total number of persons in this household who have had the disease during this period of quarantine

Modified Quarantine.

I hereby certify that I have this day (inquired into) the condition of the family of (personally visited) and have found that they can safely be released from quarantine.

Signed M.D.
 Address of Physician Date.....19..

Total number of persons in this household who have had the disease during this period of quarantine

When a physician is satisfied that the communicable disease which he is treating has passed through the infective period and fulfilled the time of quarantine as specified by the regulations of the State Board of Health, he will make out one of the above blanks, detaching it from the quarantine notice and send the same to the Health Officer in a franked envelope. In families where no physician has been in attendance, the

head of the family must nevertheless secure a physician's certificate before his family can be released from quarantine. Upon receiving the physician's certificate and satisfying himself that the case is ready for release from quarantine, the District Health Officer will then send to the family a notice as follows:

NOTICE OF RELEASE FROM QUARANTINE.

To,

A physician's certificate having been filed in this office, the quarantine of your family is hereby terminated and you are hereby authorized to remove the placard, which should, at your earliest convenience, be returned to your town clerk or nearest selectman.

.....M.D.

District Health Officer.

District No.

Date.....191.....

Certificates for release from quarantine of cases of communicable disease subject to full quarantine will be required to show that regulations with regard to disinfection have been fully complied with. Those regulations are printed on the back of the full quarantine notice so that every family upon which such a notice is served will have a copy. The prescribed regulations are as follows:

DIRECTIONS FOR DISINFECTION DURING AND AFTER COMMUNICABLE DISEASES.

Where possible, keep the patient in one room during the entire course of the disease, and keep the nurse or person who cares for the patient separated from other members of the family. Remove from the room all unnecessary hangings and rugs. Confine the disease to the smallest possible quarters.

Be careful to exclude flies from the room and from contact with all discharges from the patient

Boil or thoroughly scald all bed and body clothing used by the patient immediately after its use; also all dishes and other utensils used by the patient.

In cases of diphtheria, scarlet fever, influenza and infantile paralysis, have the patient use old cloths or paper for spitting and blowing the nose and burn these immediately.

When the disease is over, boil or thoroughly scald all bed and body clothing possible. Anything which cannot be scalded should be hung in the air and sunshine for at least ten hours, making use of two or three days if necessary.

Clean the entire room thoroughly, especially on surfaces where dust may collect, with a solution of formaldehyde or bichloride of mercury (corrosive sublimate) and open the windows so as to allow air and sunshine for at least two days.

MINIMUM PERIOD OF QUARANTINE.

Further regulations of the State Board of Health giving the minimum period of quarantine for the various communicable diseases are as follows:

Diphtheria (membranous croup).—Until two consecutive negative cultures have been obtained from both the nose and the throat at intervals of not less than forty-eight hours, but no case shall be released from quarantine in less than fourteen days from the onset of the disease.

Scarlet fever.—Until all discharges from the ears, throat and nose or suppurating glands have ceased, but no case shall be released from quarantine in less than four weeks from the onset of the disease.

Influenza.—Until at least ten days from the onset of the disease. *Poliomyelitis* (infantile paralysis).—Until twenty-eight days after the appearance of the first symptoms.

Smallpox.—Until fourteen days after the development of the disease and until scabs have all separated and the ears completely healed.

Whooping cough.—Until eight weeks after the development of the disease or until one week after the last characteristic cough.

Mumps.—Until two weeks after the appearance of the disease and one week after the disappearance of the swelling.

Measles.—Until ten days after the appearance of all rash and until all discharges from the nose, ears and throat have disappeared and until the cough has ceased.

Chicken-pox.—Until twelve days after the appearance of the eruption and until the crusts have fallen and the scars are completely healed.

German measles.—Until at least seven days after the onset of the disease.

BURIAL PERMITS.

Burial permits are to be issued by town clerks but in every case the law regarding the delivery of the death certificate will be strictly adhered to. The town clerks have been instructed that no burial permit shall be issued until a completely filled out death certificate is on file in the office.

Death certificates for bodies of persons dying without medical attendance are to be made out by the District Health Officer or under his direction. In cases where such bodies are found with no suspicion of foul play, the body may be taken care of by any member of the local board of health, that is, any one of the three selectmen of the town. If there is the slightest

Act No. 175 of the Laws of 1919 makes the following provisions:

1. All communicable (contagious) diseases must be reported to the District Health Officer by the physician in attendance, if there is one, otherwise by the head of the family.

2. Physicians are required to quarantine families attended by them in which a case of communicable disease is known or suspected to be present.

3. Heads of families in which a communicable disease is known or suspected to be present, and where no physician is in attendance, must quarantine their own houses.

4. Quarantine will be raised only by the District Health Officer on a written certificate from a physician that the family is in safe condition for release.

5. All burial permits will be issued by town clerks.

Quarantine cards and notices may be obtained at the office of the town clerk and from selectmen.

These provisions are effective July 1, 1919.

VERMONT STATE BOARD OF HEALTH.