

EACH PERSON URGED TO WAR ON INFLUENZA

Health Authorities Declare Individual Action Is Necessary to Stop Spread of the Disease

Dr. Hassler Reiterates Rules to Be Followed; Red Cross Takes Up Fight Against Grippe

There were 523 new cases and two deaths reported from Spanish influenza in San Francisco yesterday, according to reports made to Dr. William C. Hassler, health officer.

Since the epidemic reached San Francisco there have been 11 deaths and 1,544 cases reported.

Both the municipal health authorities and the physicians working with the influenza committee of the San Francisco Chapter of the Red Cross yesterday urged upon the community the necessity of adopting the strictest precautions for keeping the epidemic in check.

The influenza committee issued a call to women to volunteer as emergency nurses, explaining that the need for help of this kind was most urgent.

The Board of Education yesterday decided to prohibit public meetings in school houses until further notice. All school buildings will be fumigated immediately.

San Franciscans must adhere to the regulations prescribed by the Department of Public Health or the epidemic will grow to an alarming figure, according to the authorities.

Windows in the street cars must be kept open for proper ventilation. Every motorman and conductor has been charged with this duty as well as enforcing the expectoration ordinance rigidly.

"Keep all offices well aired," is another recommendation sent out yesterday by Dr. Hassler.

FOLLOW THESE RULES.

Dr. Hassler reiterated several important rules yesterday and requested that the public obey them carefully. These are:

1—Keep off crowded street cars and away from crowds. It is far wiser to walk and secure the essential exercise, which is beneficial and gives resistance to the system, than to subject oneself to contact with an influenza patient.

2—Drink plenty of water. Keep the human system free from congestion and the body clean.

3—Keep the feet dry and the body warm, and change your clothing promptly if it becomes damp from the inclement weather.

4—Quar is not a preventive. Call in your physician if you show symptoms of a cold. Do not hesitate in this action. The first few hours of the influenza are the most dangerous. It is better to retire to your bed and call a doctor and then follow his advice carefully.

EVERYONE MUST AID.

"We must exert all our efforts in curbing the spread of the influenza as soon as possible," declared Dr. Hassler yesterday. "The public should and must co-operate to the fullest extent. There is a rapid spread of the disease, and it will grow fast unless the citizens enter into the campaign for its extermination more willingly."

"Every suspicious case should be reported to the Board of Health at once. Should a person employed in any office become ill with the disease, the others with whom that person associated should consult their physicians immediately and not wait until they display symptoms. This is imperative."

Managers of hotels and apartment houses were advised yesterday to watch for influenza victims arriving from the East and other points outside the city and to report any case to the Board of Health immediately.

Telegraphic advices were received yesterday by United States District Attorney Annette Abbott Adams from Attorney General Gregory that there are to be no further commitments to federal penitentiaries during the present influenza epidemic. Gregory orders that prisoners be confined in the city jail until the epidemic is passed.

RED CROSS GIVES AID.

Working in co-operation with the municipal and military health authorities, the local Red Cross Chapter's special committee to combat the influenza's spread began yesterday a systematic campaign. Chairman E. H. L. Gregory established committee headquarters at the chapter's business office, 30 Montgomery street, and before nightfall several effective steps to throttle the threatening epidemic were fairly under way.

The State Board of Health yesterday issued a circular on the influenza, how to avoid it and how to care for those who have it. The information, it is announced, "was prepared by the Massachusetts State Department of Health and it contains the advice of the ablest medical men in America."

Copies of the circular may be had on application to the California State Board of Health at Sacramento.

Chief of Police White yesterday issued orders to policemen to enforce ordinances which forbid expectorating in public places. This was done on account of the influenza epidemic.