

INFLUENZA IS BROUGHT TO S. F. BY CHICAGOAN

First Case Reported at 964
Eddy St.; House Immediately
Quarantined by Dr. Hassler

Goat Island Leaves Are Denied
to Prevent Invasion of the
Training School by Epidemic

SAN FRANCISCO'S first case of Spanish influenza was reported to the Board of Health yesterday.

The victim is Edward Wagner, 964 Eddy street, who arrived recently from Chicago where an epidemic of the disease is now raging.

The case was reported to Dr. William C. Hassler, City Health official, by Dr. E. W. Pierce of the Phelan building, who was called in to attend Wagner. An investigation was made of the case and the house at 964 Eddy street was immediately quarantined. The man will probably be taken to the isolation hospital.

Dr. Hassler stated yesterday that more cases might be expected to appear in San Francisco. Several epidemics are raging in the East.

Dr. Hassler stated that the greatest danger of the disease is its virulence and the rapidity of its progress. The disease starts like an ordinary cold in the head. It is attended by a ticklish sensation in the throat and is also accompanied by sneezing, fever and chills.

The disease is due to a micro-organism, says Dr. Hassler, and it gains entry into the system through the nose and mouth during the act of breathing. It causes an inflammation of the mucous lining of the air passage extending to the lungs by way of the bronchi and causes a pneumonic condition with frequent fatal results.

As fast as cases are reported to the Board of Health, Dr. Hassler said, an effort will be made to send them to hospitals, as much better care and treatment can be given there than at the patients' homes.

Dr. Hassler stated that there is no great cause for worry in San Francisco that the disease may spread here, as all precautions have been taken and all physicians have been asked to report suspicious cases immediately.

As a precautionary method Goat Island has been quarantined. There are no cases reported on the island, but all leaves have been stopped and no visiting will be permitted until the danger of the spread of the disease is passed.

HERE'S HOW TO CURB RAVAGES OF INFLUENZA

DR. WILLIAM C. HASSLER, city health officer, issues the following rules regarding the Spanish influenza:

- 1—During the onset of the fever remain home in bed. This will shorten its course.
- 2—If an epidemic should come, avoid all public places and contact with those who have catarrhal symptoms, who cough and sneeze.
- 3—Never cough, spit or sneeze in a public place. If some other person does, cover your mouth and nose with your handkerchief.
- 4—Do not expose yourself to wet or cold, keep your feet dry, be careful of your diet and do not use alcohol.
- 5—Wash regularly your nose and mouth with Dobells solution or some other equally good preparation.
- 6—Report immediately to the health department any person you know to be suffering from this disease.