

378 NEW CASES OF INFLUENZA ARE REPORTED

Public Health Board Issues Directions to Stop Epi- demic of Disease

The Department of Public Health has requested the aid and co-operation of the American National Red Cross in handling the present influenza emergency.

A committee to be known as the "Committee on Influenza" has been appointed by the San Francisco chapter for this purpose, as follows:

E. H. Lestock Gregory, chairman	Arthur H. Barendt
Charles W. Fay	Dr. W. C. Hassler
M. H. de Young	Dr. T. W. Huntington
William H. Crocker	Dr. W. C. Billings
Jesse W. Lillenthal	Maj. J. Wilson Shiels
O. K. Cushing	Mrs. M. C. Sloss
Harry R. Bogart	Miss Julia Hinkle
	Miss Mary Sweeney

The following requirements, recommendations and suggestions of the Board of Health are approved by the committee, and strict compliance with them is urgently requested:

Street Cars—All street-car windows should be kept open. If you must use street cars, avoid doing so during rush hours.

Dancing—You are urgently requested to refrain from dancing in public places, as this is one of the most active and harmful means of spreading infection, through the dust raised, close contact with people and intermingling of breaths.

Crowds—Avoid congregating in crowds, as infection easily becomes widespread, and the greater the number of people gathered in any one place the more far-reaching will be the harm.

Nurses—Release all trained nurses from private service except where the illness is such as to make a nurse absolutely necessary. Many more nurses are needed than are available.

Hospitals—Hospitals are requested not to take in any cases which do not absolutely demand hospital care. This is necessary in order to have the greatest number of beds possibly available for influenza cases.

Pupil nurses—These should volunteer for additional hours' work each day over their regular hours, thereby releasing a large number of graduate nurses for influenza cases. These are badly needed.

Cleanliness—Streets should be kept particularly clean, and it is vital that personal cleanliness be given unusual attention, particularly as to children.

Report cases—All cases should be reported immediately to the Board of Health, the patient put to bed at once and a doctor called, regardless of how light the illness appears to be. If this is done, there is little danger of serious results, but a few hours' delay is extremely dangerous.

Doctor's orders—Be certain to follow your doctor's orders to the letter, especial when he tells you to remain in bed a certain number of days after you feel perfectly well.

If the above recommendations are fully complied with, San Francisco will be spared the far-reaching epidemic under which the East is at present grievously suffering.

991 CASES HERE

Three hundred and seventy-eight new cases of influenza were reported to the city health authorities yesterday. The total in San Francisco is 991 cases. Dr. William C. Hassler, city health officer, yesterday divided the city into twenty districts. A physician and special nurse will be in charge of each district to care for cases of persons without money to provide adequate medical attention. Nurses were given instruction in the work yesterday afternoon. Street car companies were ordered by Dr. Hassler to keep all car windows open except in rainy weather. Hospital nurses and physicans were instructed to wear gauze masks in handling influenza cases, and the public warned to stay away from public indoor gatherings.

The War Camp Community Service yesterday agreed to stop holding dances or public meetings. Superintendents of all San Francisco hospitals last night conferred with Dr. Hassler at the headquarters of the Board of Health.

Barbers were instructed yesterday by Dr. Hassler to refuse care for patrons with colds. Three doctors and four nurses have influenza at the Central Emergency Hospital, and three social workers of the Board of Health are suffering from the disease. Hassler indicated that the dance halls would be closed, but took no official action.

HOSPITAL TO BE TURNED OVER TO 'FLU' PATIENTS

All the patients in the San Francisco Hospital are to be moved out and the hospital used exclusively as an isolation institution for influenza patients. This was the decision reached last night at a meeting of the Board of Health with representatives of the private hospitals of the city.

A committee from the Red Cross, composed of Lestock Gregory, Perry Eyre and Harry Bogart, promised 500 beds with equipment to be placed in the San Francisco Hospital, and Red Cross nurses to be placed at the disposal of the Board of Health.

Dr. William Hassler, chief of the Board of Health, reported 990 cases of influenza in the city.

Private hospitals were asked to refuse all minor-cases so as to release nurses and beds to accommodate those patients that must be removed from the San Francisco Hospital.