

CITY COUNCIL AND HEALTH DEPT. WARNING ABOUT "FLU"

The city council and health department of Montrose, recognizing the gravity of an epidemic of Spanish influenza, take these measures of warning and precaution until we are forced to put on a rigid quarantine, should it come to town in epidemic form.

1--All with colds to stay at home and off streets.

2--Are to enter stores and places of business and be out within 10 minutes, except restaurants, and then limited.

3--No congregating any place to visit or to dine between two different families. Stay in your own home.

4--Doctors will be asked to stay at entrance of shows and churches and turn back the willful and negligent.

5--Keep all stores and business rooms well ventilated as well as your homes.

SPANISH INFLUENZA or La Grippe

is the same disease that swept the world in 1889 and 1891, which older people will remember for those trying days, when practically every neighbor was sick as well as themselves.

The reason it is called Spanish influenza is because it came to the allied armies from Spain and has continued westward. Symptoms: cold, sneezing, sore throat, fever, headache, aching all over, back sore to touch. Treatment: When you take a sudden cold, get after it and treat it with all your might. To delay may be fatal.

Which The Press Encourages for new-
year's resolutions.