

#1911-WFF:WL

29th October 1918.

DIVISION CIRCULAR LETTER NO. 54.

To: Commanding Officers, All Ships, Division Two,
Pacific Fleet.

SUBJECT: Influenza.

Inclosures: (1)

1. The attention of Commanding Officers is called to enclosed copy of regulations on board the OREGON, in connection with the Influenza. Commanding Officers of all vessels will be familiar with rules in force.

2. It is important to air bedding daily when the weather is favorable.

3. The Medical Officer and the Medical Staff must be watchful at all times. The throats of all men should be sprayed daily, and any men showing symptoms of Influenza should be sent to the hospital at Balboa Park without delay. The ambulance can be procured by telephone.

4. It is of the utmost importance at this time to prevent infection on board ship.

/s/ W.F.Fullam.

Copy:

- 1 Section Naval Base.
- 1 Naval Air Station.
- 2 Naval Training Camp. SD.

NF:JL

25th October, 1918.

QUARANTINE REGULATIONS

1. Married Officers, with homes, allowed to go ashore in San Diego. No other person allowed in San Diego except on duty.
2. Persons ashore in San Diego will wear gauze masks in business streets and congested localities. They can be procured from the Medical Department.
3. All persons arriving aboard ship from shore, shall be sprayed as heretofore.
4. Open spaces in Coronado will be utilized for recreation and exercise.
5. The fullest measures for ventilation of the ship will be continued as heretofore. Air ports will be kept open in port except when washing down decks. Washing down will be carried on as quickly as possible.
6. Men must not loaf or sleep during the day below the main deck. Men sleeping during the day will do so as much as possible in the open air. Frequent inspections by the ship's police or corporal of the guard and pharmacist's mates will enforce this rule in the most drastic manner.
7. Men on necessary duty below the main deck during the day will spend as much time as possible in the open air when off duty.
8. Any man at any time feeling ill, or having symptoms of a cold or sore throat or developing a headache, will at once report to the sick bay. If on watch or post he must report to his immediate superior for relief, and go at once to the sick bay.
9. Keep rested, keep in fresh air as much as possible, avoid over-eating, and keep your digestion in order.

/s/ A.B.HOFF.
Commander, U.S.Navy, (ret).
Commanding U.S.S. OREGON.