

Enlist Now

Every student should feel herself under obligation to take every precaution against the influenza. The News Board of Health has suggested the following:

Do not get cold feet about your orals. Wear rubbers in the bathrooms.

Avoid crowds and go to Chapel and Association meetings.

Keep the home fires burning—remember the thermostat and the hairpin.

If you are weary from a long day's work, if your feet ache, your food is unappetizing and you are nervous and ill at ease, avoid the gymnasium on Wednesday evenings. The Glee Club practices there.

Get plenty of sleep and attend lectures regularly.

Even though your feelings may be too deep for words, refrain from kissing except when wearing gas masks.

Play hockey every afternoon and remember that you get as much exercise on the fifth team as on Varsity, particularly if you play goal.

Be up and coming about your setting up exercises. Don't be a slacker in the health army.