378 NEW CASES OF INFLUENZA ARE REPORTED

Public Health Board Issues Directions to Stop Epidemic of Disease

The Department of Public Health has requested the aid and cooperation of the American National Red Cross in handling the present influenza emergency. A committee to be named as the "Board of Health" has been appointed by the San Francisco chapter for this purpose, as follows:

E. H. Lestock, Secretary; A. B. Berend, chairman; Dr. W. C. Hams; Dr. T. W. Huntington; Dr. W. C. Pallis; Dr. W. C. Pallis; Mrs. C. S. Slocum; Miss J. A. Mathews; Miss F. S. Smiley; Mrs. M. A. Sweeney.

The following recommendations and suggestions of the Board of Health are approved by the department, and in so far as possible, are urgently requested.

Street Cars—All street-car windows should be kept open. If you must use street cars, avoid doing so during rush hours.

Dancing—You are urgently requested to refrain from dancing in public places, as this is one of the most active and harmful means of spreading infection, through the dust raised, close contact with people and intermingling of breaths.

Crowded Places—Avoid going in crowds, as infection easily becomes widespread, and the greater the number of people, gathered in any one place, the more far-reaching will be the harm.

Nurses—Release all trained nurses from private service except where the illness is such as to make a regular basis absolutely necessary. Many more nurses are needed than are available.

Hospitals—Hospitals are requested not to take in any cases which do not absolutely demand hospital care. This is necessary in order to have the greatest number of beds available for influenza cases.

Pupil Nurses—These should volunteer for additional hours' work each day over their regular hours, thereby releasing a large number of graduate nurses, for influenza cases. These are badly needed.

Cleanliness—Streets should be kept clean and carefully inspected that personal cleanliness be given unusual attention, particularly as to children.

Report cases—All cases should be reported immediately to the Board of Health, the patient put to bed at once and a doctor called, regardless of how light the illness appears. If this is done, there is less danger of serious results, but a few hours' delay is extremely dangerous.

Doctor's orders—Be certain to follow your doctor's orders to the letter, especially when he tells you to remain in bed a certain number of days after you feel perfectly well. The Board of Health strongly urges the promptly compiled with, San Francisco will be spared the far-reaching epidemic under which the East is at present grievously suffering.

981 CASES HERE

Three hundred and seventy-eight new cases of influenza were reported to the city health authorities yesterday. The total in San Francisco is 981 cases. Dr. William C. Hassler, city health officer, yesterday divided the city into twenty districts. All physicians and special nurses will be in charge of each district to care for cases of persons without money to provide adequate medical attention.

Nurses were given instruction in the work yesterday afternoon. Street car companies were ordered by Dr. Hassler to keep all car windows open except in rainy weather. Hospital nurses and physicians were instructed to wear gauze masks in handling influenza cases, and the public was urged to stay away from public indoor gatherings.

The War Camp Community Service yesterday agreed to stop holding dances and public meetings. Superintendents of all minor cases of influenza in hospitals last night conferred with Dr. Hassler at the headquarters of the Board of Health.

Barbers were instructed yesterday by Dr. Hassler to refuse care for patients with colds. Three doctors and Nurse Carrie at the Central Emergency Hospital and the social workers of the Board of Health are suffering from the disease. Hassler indicated that the dance halls would be closed, but took no official action.

HOSPITAL TO BE TURNED OVER TO 'FLU' PATIENTS

All the patients in the San Francisco Hospital are to be moved out and the hospital used exclusively as an isolation institution for influenza patients. This was the decision reached last night at a meeting of the Board of Health with representatives of the private hospitals of the city.

A committee from the Red Cross, composed of Lestock Gregory, Perry Eyre and Harry Bogart, promised 500 beds with equipment to be placed in the new hospital, and Red Cross nurses to be placed at the disposal of the Board of Health.

Dr. William Hassler, chief of the Board of Health, reported 989 cases of influenza in the city.

Private hospitals were asked to refuse cases as so as to release nurses and beds to accommodate those patients that must be removed from the San Francisco Hospital.