ADVICE TO "FLU" CONValescents


U. S. Public Health Service Warns Public Against Tuberculosis, One Million Cases Tuberculosis in United States—Each a Source of Danger.

Influenza Convalescents Should Have Large Helped by Incubation. For Often Beginning of Tuberculosis Is Recognized Early—Patients Must Not Be Trusted.

During influenza, there is a tendency to neglect tuberculosis, which is a serious mistake. Tuberculosis is a disease that is often incubated during the influenza period. It is important to be aware of this and take precautions accordingly.

Rearm tuberculosis after influenza is a real danger. If you have had influenza, be cautious about tuberculosis.

You must take precautions in zinc, which is a key nutrient for overall health.

Health officers should be on the lookout for patients who have had influenza and are now showing symptoms of tuberculosis.

Be wary of people who have had influenza and are now showing symptoms of tuberculosis. They may be infectious and could spread the disease to others.

Influenza is not the only concern. Tuberculosis can also be contracted during this period. Be vigilant and seek medical attention if you suspect you have contracted either disease.

Washington, D. C.—(Special).—According to a report of the New York State Public Health Service, the incidence of influenza in New York has already increased in the prevalence and death from pulmonary tuberculosis. A similar association between influenza and tuberculosis, recently made by Sir Arthur Newell, the Chief Medical Officer of the English public health service, in his analysis of the tuberculosis death rate in England.

It is reported that the public of the United States can profit by the experiences of the New York State, and that the Royal Blue of the United States Public Health Service, which has been issuing an unsatisfactory report since the early stages of the influenza epidemic, has recently been ordered to cease publication.

"Experience seems to indicate," says the Surgeon General, "that persons whose resistance has been weakened by an attack of influenza is particularly susceptible to tuberculosis. With the millions of people now affected with this disease and the new prevalence of tuberculosis in the United States, it is vital that precautions be taken to prevent the spread of tuberculosis."

One Million Convictable in United States.

"Then consider this a serious matter," was the warning. "Of course very unsanitary and unsuitable. For instance, I believe in the situation, it is certain to be unsanitary and unsuitable for human consumption. If the public is not informed, the situation will continue to deteriorate."

The Surgeon General stated that the situation is critical and that action must be taken to prevent the spread of tuberculosis.

In his statement to the public he emphasized the importance of taking precautions against tuberculosis, which is a serious disease that can be contracted during the influenza period.

Common Colds Highly Cautioning.

"It is encouraging to people that are beginning to learn that our colds are caused by the influenza virus. The virus is not spread through contact with infected persons but through contact with people who have been infected with the influenza virus. This is also good to know that people have been infected with the influenza virus.

In summer, when people are outdoors, they are more susceptible to the influenza virus. If you are exposed to people who have been infected with the influenza virus, you are more susceptible to the disease."

Common colds are caused by the influenza virus, which is a significant disease that can be contracted during the influenza period. Be aware of your surroundings and take precautions to prevent the spread of this disease.

Suitable Clothing Important.

With still another factor in the causation of colds pneumonia and other serious diseases, the public must be made aware of the need for suitable clothing during the influenza period. It is important to wear suitable clothing to prevent the spread of this disease.

It is estimated that about one hundred thousand people in the United States will adopt the system of fresh air living, for example, at tuberculosis sanatoriums. There is nothing sensational about it; it is not a specific medicine. It is important to take care of your health and fresh air.

Droped Insulation Employed in Flues.

The Bureau of Public Health, Department of Agriculture, has issued a report on the well-known Washington system of fresh air insulating with the modern method of health education. A few years ago, under favorable circumstances, the health authorities would have been unable to carry on their work in the schools and other institutions. The only ones who would have been able to carry on their work in the schools and other institutions would have been those who already had a knowledge of the subject. This knowledge has been extended to many millions who seek for their living in the schools and other institutions to be taught the technical principles of health.