UNCLE SAM'S ADVICE ON FLU
U. S. Public Health Service, Issues Official Bulletin

"Washington, D. C.: (Special)—Although King Alphonso of Spain was one of the victims of this, influenza, Spanish authorities report that epidemic is not a "Spanish disease." If the people of this country do not change their habits, it may come as widespread throughout the nation as the disease called "American" influenza.

In response to a request for definite information concerning Spanish influenza, Dr. W. H. Hage, chief of the U. S. Public Health Service has written a letter to the editor of the Washington Post, in which he states:

"Is Spanish influenza? It is something new? Does it come from Spain?

The disease now occurring in this country and called Spanish influenza, has a very close resemblance of cold accompanied by fever, pains in the head, eyes, ears, back or other parts. It is a fading or very slight illness. In most of the cases the course is very rapid, however, the doctor often fails to recognize the disease, the patient rapidly recovering, or being cured. It is not productive of any permanent damage, and many of the patients are cured in a few days. This so-called 'Spanish influenza' is not new, but the name is.

Although the present epidemic is severe, the medical profession have reason to believe that it originated in the Orient, spread first to Russia and then to the United States. At this writing, most of the cases are cured, and the number of deaths has been very few. In the United States and Europe, the general symptoms of disease are severe as or as sudden in their onset. With the influenza, ordinary colds do not spread as rapidly, and the symptoms are less intense. In most cases the pulse remains relatively normal.

The appearance of one is struck by the fact that this disease attacks the eyes and the inner side of his clothes. This is not uncommon, as the doctors say. There is a certain amount of fever, and some vomiting. Most of the patients who come with this fever to the hospital are cured. In the case of the most cases the pulse remains normal.

In addition to the appearance and symptoms of disease, there is a remarkable examination of the patient's blood, indicating a marked blood infection, for it has been found in this disease the number of red blood cells is lower than normal, and infection increases above the normal. It is possible that the disease is now being treated by the National Institute of Health, and the American State Hygienic Laboratory will report, in time, its incidence and results. In the mean time, all health officials should take all necessary precautions to prevent the spread of disease.

'Give up each one of the health officials and your state health department and local health officials. This is a very serious disease, and is spreading rapidly. We must not allow this disease to spread any further. We must take every possible step to prevent its spread. We must do all we can to prevent this disease from spreading. We must do all we can to prevent the spread of disease. We must take all possible steps to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease. We must do all we can to prevent the spread of disease.