

FULL FORCE OF EPIDEMIC YET TO COME

State Official, Here to Aid Fight, Says Influenza Is Traveling Westward.

BEDS ARE PROVIDED

That the full force of the influenza epidemic has not yet come in this city, and that it is travelling westward very slowly, was declared by Dr. Carl Schaffle, a representative of the State Board of Health, who arrived in Pittsburgh yesterday to aid in the fight against the disease in the industrial towns of the county.

Dr. Schaffle, who was sent by the State of Pennsylvania to Massachusetts to study the scourge, held a consultation yesterday afternoon with Maj. W. H. Davis, director of the Department of Health; Dr. Adolph Koenig, county representative of the State Board of Health, and Dr. Philip E. Marks, head of the Bureau of Infectious Diseases. He reviewed the preparations made here to fight the epidemic. Late in the afternoon Maj. Davis declared that Dr. Schaffle had approved all of the measures taken, and would devote his time to aiding in the fight in the industrial communities.

Preparations Are Made

This morning the emergency hospital in Kingsley House will be open with room for 120 patients, and tomorrow the building on the Washington Park playgrounds will be made available to care for 200 more.

"Should we need it, we will erect a circus hospital on the playgrounds

Abe Martin



Furnace gloves are handy things—especially if you havent got a handwarmer.

Patriotism that don't get below the belt don't help much to win the war.

Opposite: National Newspaper Service.

which will give us facilities for an additional 200," said Maj. Davis.

In the meantime, Edward A. Woods, chairman of the home service committee of the Pittsburgh Chapter, American Red Cross, began the mobilization of nurses and orderlies, both men and women, who can be used to aid in the emergency hospitals.

"There are about 50,000 persons in Pittsburgh living in boarding houses," Maj. Davis declared, "and it is for these, as well as for persons whose home conditions are not favorable to recovery, that the hospitals are being established. Anyone who can be cared for in their own home should remain there, for they have an even better chance for recovery. In crowded hospital wards a person runs danger of contagion, and where home attention is possible it should be given."

Sunshine is the big cure, combined with fresh air, Dr. Schaffle stated.

Together with the preliminary requirement of going to bed when one feels ill, and remaining there until well.

New Cases Reported.

The report of new influenza cases for the period from 1 p.m. Saturday to 1 o'clock yesterday afternoon was 32, making a total of 3,622. Forty-two new pneumonia cases were reported, a total of 250.

Deaths in the houses between 8 a.m. and 11 p.m. yesterday were 31, of which 26 were from pneumonia, 21 from influenza and pneumonia, and five from influenza.

Reports from the county are becoming more serious. Ambridge is largely suffering, and the government authorities are alarmed lest the war work suffer. In consequence every effort will be made for preventive measures, and the rules for keeping open windows of shops and street cars will be strictly enforced.

Reports that saloon and hotelkeepers are violating the order forbidding the sale of liquor, continue to besiege the department. Director Davis has not attempted as yet to use drastic closing methods, but officials of the department declare that but one warning will be given.

Warning Is Issued.

Prof. Francis C. Phillips of the chair of chemistry at the University of Pittsburgh yesterday called the attention of City Council to the danger that lurks in the custom of exposing for sale fruits and vegetables that are eaten raw, without previous sterilization by cooking. Baskets of fruits and of such vegetables can be seen exposed alongside gutters, on the sidewalks, on unprotected counters in the stores and market houses, he says, and he suggests that the health authorities take measures to abolish such a source of infection.

In the morning and afternoon practice of sweeping the dirt from the sidewalks into the streets, Mr. Phillips sees much danger. He writes that no matter how much the pedestrian may "zigzag" in his walk, he is bound at times to be enveloped in germ-laden dust. It is Mr. Phillips' idea that some kind of vacuum-sweeping process ought to be required.

INFLUENZA CLOSES SCHOOLS

Due to the epidemic of influenza the schools of Homestead, Munhall and Hays were closed yesterday. The West Homestead schools are the only ones open in this district, the Whittaker schools having been closed last week. There are over 200 cases of influenza in the Homestead district.

Ask People to Be Careful and Take Proper Treatment Promptly. Many Pneumonia Cases Follow Influenza. What to Do.

To be prepared for the serious but

breaks of influenza and pneumonia that are now sweeping over the entire country and that have seized on this community Public Health Boards everywhere are issuing cautions and instructions to the public not to neglect treatment at the first symptom of a cold and co-operate with the board and physicians in stamping out the spread of the disease.

No disease develops so quickly or

spreads so rapidly. The first symptoms usually is a sharp rise in temperature to 102 or 104 degrees, headache, pain in the back, throat feeling dry or sore. Unless promptly checked by proper treatment, the best plan is to go to bed and stay there for at least a week, keeping warm to avoid pneumonia and let the minor ailment run its course and also prevent the spread of the disease to others.

Most of us in these busy days, can not afford, if it can be avoided, to lose a week or more of work, so it is all the more necessary that at the very first sign of grip or influenza a counter-acting treatment should be taken.

Probably no better or more effective treatment could be followed at such a time than to get from the nearest drug store a complete Hyomei outfit consisting of a bottle of the pure oil of hyomei and a little vest-pocket hard rubber inhaling device into which a few drops of the oil are poured.

This is all you will need. Put the Inhaler in your mouth and breathe its air deep into the passages of your nose, throat and lungs. Every particle of air that enters your breathing organs will thus be charged with an antiseptic germ-killing balsam that will absolutely destroy the germs of influenza that have found lodgment there.

You can't do this too often. The Hyomei Inhaler is small and can be conveniently carried in a hand-bag or in your vest-pocket. Every half hour or so throughout the day take it out and draw a few breaths of its pure healing air into your nose and throat. Relief comes almost instantly. The Grip or Influenza symptoms subside. Congestion ceases, fever disappears, throat conditions become normal and you soon are feeling fine. The outfit is not at all expensive for the rubber Inhaler will last a lifetime, while the oil of hyomei can be obtained at little cost from any reliable druggist. Lots of people already have a Hyomei Inhaler. Take it out, charge it and use it without delay. If you haven't one get it today.

A few cents spent now may easily prevent serious illness and save you many dollars and help stamp out the spread of the disease.—Adv.