Influenza Precautions

Don’t get excited when you catch cold and have symptoms of influenza. Take things a little easy. You can consult your doctor and take a dose of good vegetable medicine like Dr. Carter’s K. & E. Tea or Cherry Wine. It is most important that the fever not break.

While waiting for the doctor, Eschallions on throat and chest are good agents if any hoarseness will tell you and besides stopping the dizziness and pains that may be present will subdue the internal inflammation.

Doctor’s prescribe Mustard for tonsils are useful, please consult your doctor for further advice on the matter.